

# Changing My Nature

**Living apart from God** is a fundamental definition of sin. A person who **over time** creates **habits, tendencies**, and a **comfort level** with living apart from God develops a **sin nature**. This pattern of living **creates expectations** not only of **ourselves**, but also of **the world** around us. We see in **society** a **sin nature** as well. The same **habits** and **tendencies** but at a **social** or **cultural** level.

**Romans 6:1-15** teaches us that by the power of **God's grace**, and our **engagement** in a **personal, dynamic, interactive** and **conversational** relationship with God, we can **over time** change our nature. Our **habits, tendencies**, and **comfort level** with living apart from God can **change** to a **Kingdom nature** by choosing to live **all of life with God**, the **Kingdom way**. What follows is a template for one way to accomplish this goal.

1. **Ask the Spirit** where you're doing life **apart from** God - **listen carefully!**

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2. **Seek clarity** from **scripture**, other **believers**, and **circumstances** around you

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3. **Narrow your thoughts** to one specific area

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4. **Ask the Spirit** **what you should know or think** about that area – **listen carefully!**

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5. **Search scripture** in a **focused** way on your **area**, including **available resources**

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6. **Establish spiritual disciplines** that **open your heart to change**

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7. **Ask the Spirit** to reveal **habits** and **tendencies** in your **thoughts, emotions, body responses,** and **relationships** that expose life **apart from** God – **listen carefully!**

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8. **Choose 1-2 habits** or **tendencies** the Spirit **reveals** to you

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9. **Use the VIM method** on **each one**

**VISION:** (Habit #1) \_\_\_\_\_

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**INTENTION:** \_\_\_\_\_

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**MEANS:** \_\_\_\_\_

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**VISION:** (Habit #2) \_\_\_\_\_

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**INTENTION:** \_\_\_\_\_

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**MEANS:** \_\_\_\_\_

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