



Welcome to Spiritual Formation in Community

*“Learning to live my life the way
Jesus would live my life if he were me.”*

Your daily mantra...

I wake up in the Kingdom this morning

an unceasing spiritual being with an eternal destiny in God's great universe



I breathe Kingdom air (LOVE)
I burn Kingdom fuel (GRACE)
I build Kingdom character
I do Kingdom work



Jesus came to show by example and to teach by principle how to have the best possible life in this physical world and preparation for the life to come at the same time

Check-In



- *Emotional Weather*
- *Share one spiritual discipline you practiced in the past 7 days*



HEAR

Holy Spirit

**Kingdom
Life
on the Rock**

Tasks, Tests &
Temptations

Spiritual
Disciplines

DO



Psalm 19:7-14



The law of the LORD is perfect, refreshing the soul.

The statutes of the LORD are trustworthy, making wise the simple.

The precepts of the LORD are right, giving joy to the heart.

The commands of the LORD are radiant, giving light to the eyes.

The fear of the LORD is pure, enduring forever.

The decrees of the LORD are firm, and all of them are righteous.

They are more precious than gold, than much pure gold;

they are sweeter than honey, than honey from the honeycomb.

By them your servant is warned; in keeping them there is great reward.

But who can discern their own errors? Forgive my hidden faults.

Keep your servant also from willful sins; may they not rule over me.

Then I will be blameless, innocent of great transgression.

May these words of my mouth and this meditation of my heart be pleasing in your sight,
LORD, my Rock and my Redeemer.

Table Group Study



- Luke 11:28** - *"Blessed rather are those who hear the Word of God and obey it"*
- John 8:47-51** - *"He who belongs to God hears what God says... if anyone keeps my Word, he will never see death"*
- Luke 8:21** - *"My mother and my brothers are those who hear God's word and put it into practice"*
- James 1:22-25** - *"Don't just listen to the Word, do what it says"*
- Luke 6:46-49** - *"Why do you call me Lord and do not do what I say?"*



Kingdom Life on the Rock



Matthew 7:24-27

A home where you can live without anxiety or worry

**A beautiful garden of plants and shrubs with an orchard of trees
all producing amazing flowers and fruit**

Identity

Friendships

Grief/Loss

Conflict

Thought Life

Generosity

Worth & Value

Marriage

Health

Injustice

Recreation

Wounds

Neighbors

Work

Joy

Success

Pleasure

Money

How to Change Something in Your Life... V-I-M



VISION

- I can see a Kingdom life on the Rock

INTENTION

- I choose to experience this life

MEANS

- I will do what the Spirit tells me to do



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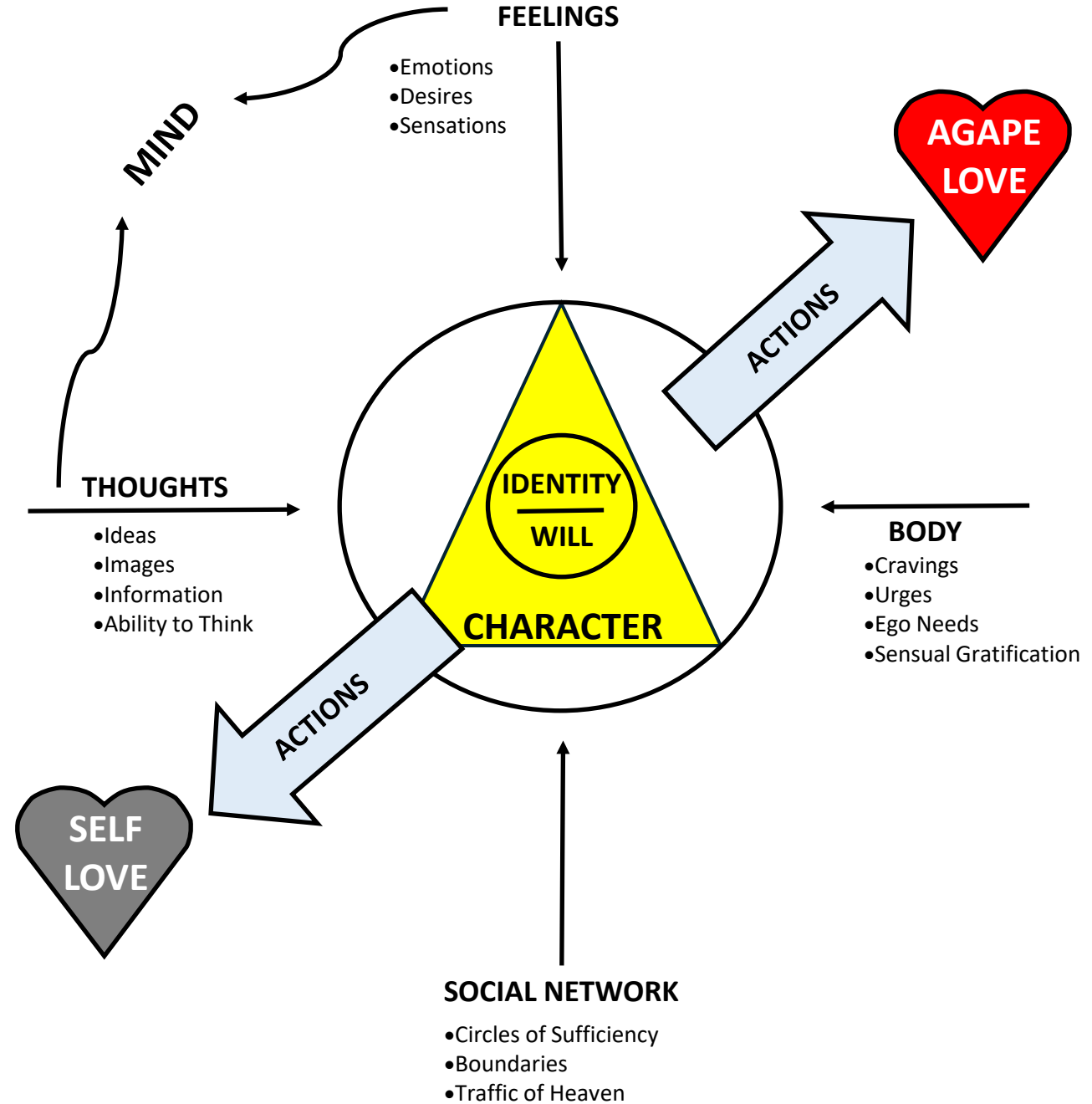
DO



Table Group Discussion

*Choose a category of
Kingdom Life on the Rock
and describe your V-I-M for it*

Spiritual Formation *in the Kingdom of God*



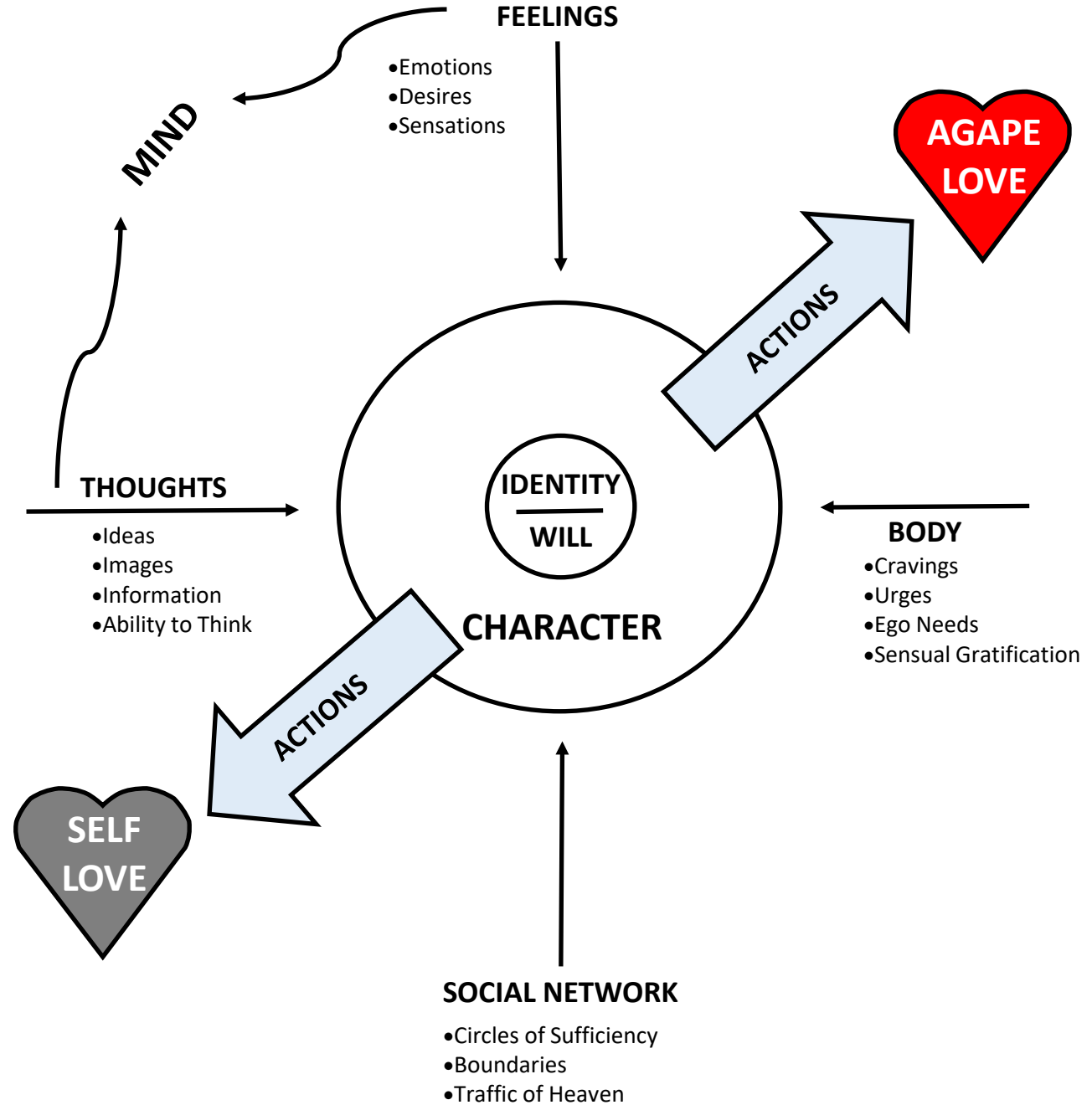
Homework

Choose a spiritual discipline that will help you better bring one of your dimensions of the self under the Spirit's control and practice it.

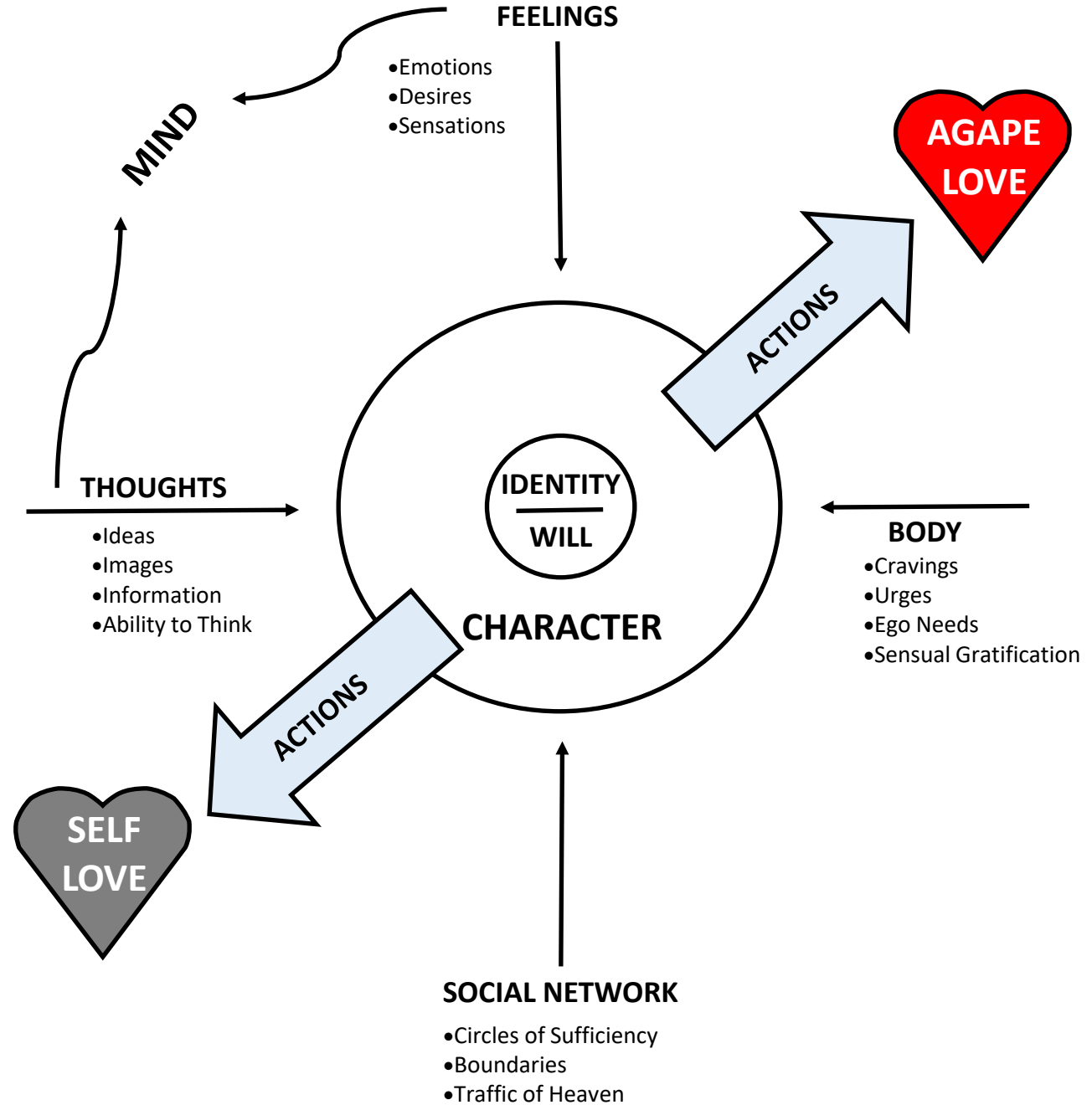
An underwater photograph showing several divers in a blue, slightly hazy environment. The divers are silhouetted against the light, and their fins are visible. The word "Homework" is overlaid in a large, white, serif font across the center of the image.

Homework

Spiritual Formation *in the Kingdom of God*



Spiritual Formation *in the Kingdom of God*



The Entire Human Self

The Whole Picture

Spiritual
Formation
*in the
Kingdom
of God*

