



Welcome to Spiritual Formation in Community

“The Spirit-driven process of forming my inner being so that it becomes like the inner being of Christ himself.”

Check-In



*What's your
emotional weather
right now?*



Themes for Season Two

Spiritual Formation
& the Inner Person

My True Identity

Developing a more
conversational
relationship with
God

From...

**“Nice, Happy
Thoughts About
Jesus”**

to...

Disciple

to...

Disciple Maker

Mark 1:14-20

Matthew 28:16-20

What does it mean to take a Deeper Dive?

Table Discussion

*“What did Jesus have in mind
for his followers?”*

3 Prominent Worldviews

Nirvana

Ultimate reality: Not a loving, personal God, but an impersonal reality to be transcended. There is no creator God, and Buddha would say origin is less important than alleviating suffering

Humanity: The self is seen as the problem to be overcome. The goal is to escape the cycle of suffering tied to physical life and illusion, not to become a good person or live eternally with God

The path to the good life: Nirvana is achieved through practices that lead to the extinction of desire and the cessation of the ego. It is the ultimate state of liberation from all suffering and attachment

The fate of the individual: The individual, or self, is ultimately dissolved. Unlike the Christian concept of eternal life for the individual soul, the end goal is the cessation of individual existence as we know it, when you finally escape being trapped in the cycle of suffering



3 Prominent Worldviews

Secular

Reality is the natural world only. What exists can be known and measured by natural science. The spiritual realm is not knowable, or even real

Well-being is physical. The good life is understood primarily in terms of physical or material comfort and prosperity

A person is their body. This view assumes that you cease to exist when your body dies



3 Prominent Worldviews

Theistic (*Christian*)

Reality is God and his kingdom. This view understands the spiritual as real and foundational to the visible, material world

Well-being comes from God. A flourishing life is not merely physical but is derived from an intimate relationship with God

A person is an "unceasing spiritual being." This perspective recognizes humans as spiritual beings with an eternal destiny in God's universe

Transformation through spiritual disciplines. Instead of just "trying harder," transformation occurs through active grace and spiritual disciplines, like study, worship, and service, which train a person to become more like Christ



4 Questions for any Worldview

ORIGIN

“Where did I come from? How did I get here? What is reality?”

IDENTITY

“Who am I? What is my purpose?”

MORALITY

“How should I live? Why is the world in such a mess? What does a good person look like?”

DESTINY

“What is the solution to the problems in the world? What happens to me when I die?”

Your daily mantra...

I wake up in the Kingdom this morning

an unceasing spiritual being with an eternal destiny in God's great universe



I breathe Kingdom air (LOVE)
I burn Kingdom fuel (GRACE)
I build Kingdom character
I do Kingdom work



Jesus came to show by example and to teach by principle how to have the best possible life in this physical world and preparation for the life to come at the same time

Homework

Memorize the
daily mantra

Ask God what He
wants you to know
about your actual
worldview, & listen

Read 2 Kings 6:8-23
slowly every day

Ask God to open
your eyes to what
He wants you to
see that you do not
now see

An underwater photograph showing several divers in various poses against a blue background. The word "Homework" is overlaid in large, white, serif font across the center of the image.

Homework