

An underwater photograph showing several divers swimming in a blue, slightly hazy environment. The divers are silhouetted against the light, and their fins are visible. The overall mood is serene and communal.

Deeper Dive

Spiritual Formation
in Community

Welcome!

Spiritual Formation

“The Spirit-driven process of forming my inner being so that it becomes like the inner being of Christ himself.”

An underwater photograph showing several divers swimming in clear blue water. The divers are silhouetted against the light, and their fins are visible. In the background, there are large, branching coral structures. The overall scene is serene and captures the beauty of underwater life.

Check-In

My Emotional Weather Report

My Emotional
Weather

Stormy

Cloudy

Calm

Sunny

The background of the entire page is a light blue gradient with a faint, semi-transparent image of several divers underwater. The divers are in various poses, some swimming horizontally and others more vertically, creating a sense of depth and movement.

Learn by Reflecting

Share a story of any time in your life
you were loved with agape love.

Deeper Dive

AGAPE - LOVE

We all know and understand the evil of intent to harm, and the goodness of intent to help or benefit.

This perception of good and evil is the fundamental intuition of the moral life.

Love wills the good of what is loved.

The Golden Rule

The Silver Rule

“The correct understanding of love, and the intelligent overall orientation of our lives in terms of it, is the source from which all standards of virtue and right behavior, and all aspects of goodness of character coherently flow.”

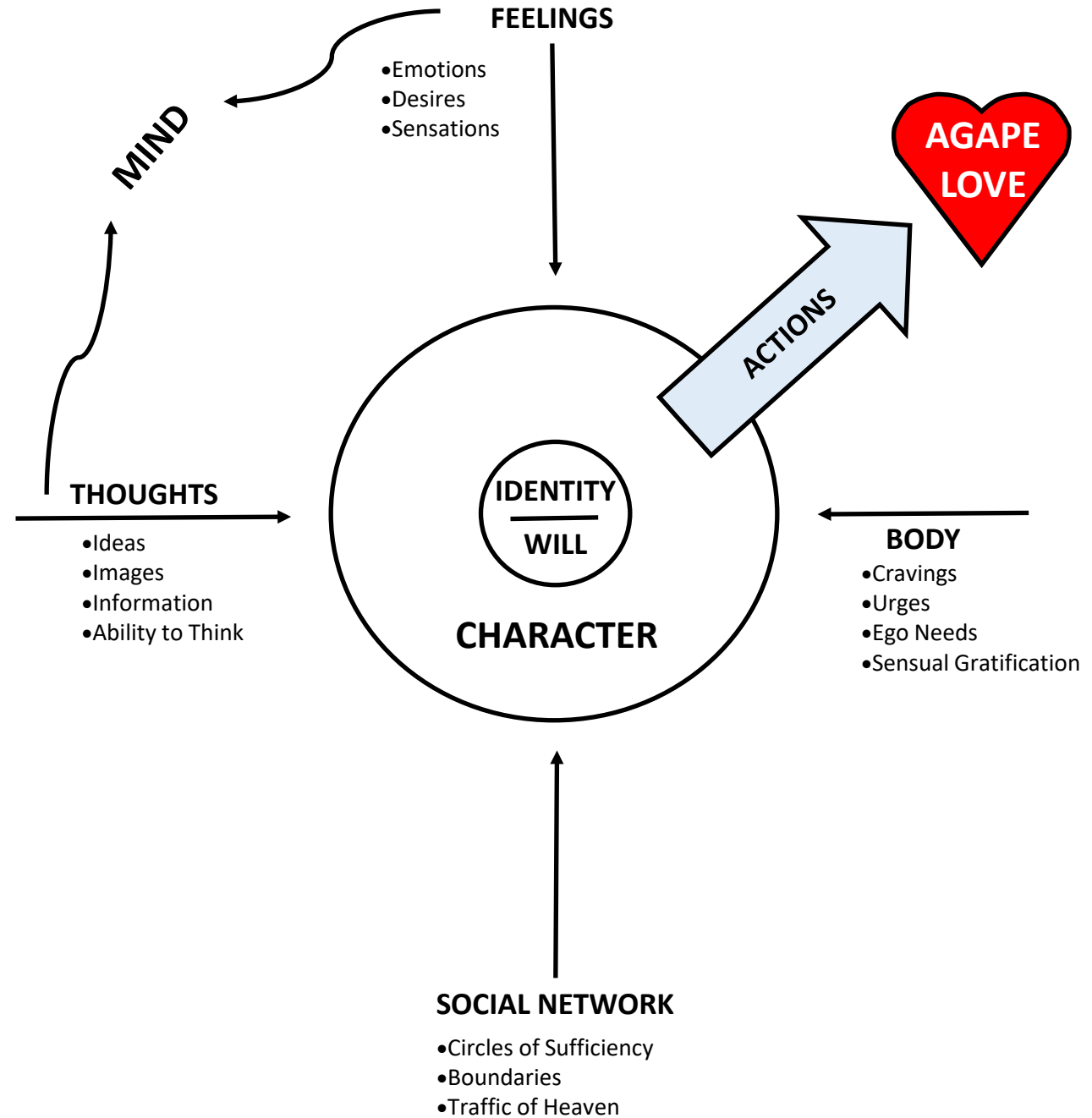
Christian civilization has failed miserably by its own standards during the great periods of colonization, industrialization, and technological development out of which the 20th and 21st centuries arose.

This failure is rooted in our inability to submit our human desire and culture of sensuality to the act of loving.

We must learn love, and we must learn that love as a way of life can be trusted.

- Dallas Willard

Spiritual Formation *in the Kingdom of God*



Ideal Self

“Who I want to be”

Self-Image

“How I see myself right now”

Self-Esteem

“How I accept, like and value myself”

Identity

Who am I?

Ideal Self

“Who I want to be”

In the Kingdom, I want to be like Jesus.

Romans 8:28-29
Galatians 5:22-23

Identity
Who am I?

Self-Image

“How I see myself right now”

My motivations, values, attitudes, tendencies, behaviors
Influenced by my achievements, appearance, social status

**In the Kingdom, I model myself after
Jesus, and my desire and ability
to live by the Spirit.**

Philippians 2:5-13

Identity

Who am I?

Self-Esteem

“How I accept, like, and value myself”

My level of incongruence between who I want to be & who I am

Early influences – abuse, abandonment, or trauma

My interpretation of success and failure through the years

How other people think about me, speak about me, or treat me

**In the Kingdom, I understand my incongruence is
being human with a superhuman ideal.**

Ephesians 2:1-10

1 John 1:8-2:6

Identity

Who am I?

An underwater photograph of a diver in blue water, viewed from above. The diver is wearing a mask and fins, and their arms are outstretched. The water is clear and blue, with some light rays visible.

My Beloved Charter

What God's Word says about
how God feels about
and sees me

My Identity

“Jesus needed, not once, but again and again at each stage of his mission and each crisis in his living and dying, a freshly confirmed knowledge of his own identity.”

“I exist because God loves me already. I am a child of divine love.”

Homework

#1 - Continue editing your “Beloved Charter”

#2 – Review the verses we unpacked today

**Romans 8:28-29 | Galatians 5:22-23 | Philippians 2:5-13
Ephesians 2:1-10 | 1 John 1:8-2:6**

#3 – Write a paragraph describing each of the following:

My Ideal Self – Who I want to be

My Self-Image – How I see myself right now

My Self-Esteem – How I accept, like and value myself

Deeper Dive

The background of the slide features a faded, light blue image of two divers underwater. One diver is positioned higher and upside down, while the other is lower and upright. Both are wearing scuba gear, including tanks and fins. The water is clear, and the overall tone is serene and deep.

Invite Others

**Who do you know that needs to know God
in a deeper and more real way?**

**Deeper
Dive**

An underwater scene with several divers swimming in clear blue water. The divers are silhouetted against the light, and their fins are visible. The overall atmosphere is serene and deep.

Deeper Dive

Spiritual Formation
in Community

See you next week!

Spiritual Formation

“The Spirit-driven process of forming my inner being so that it becomes like the inner being of Christ himself.”

Reading the Bible

*Big Idea of the
Week*

Book or Topic

Commentary

Insert Yourself

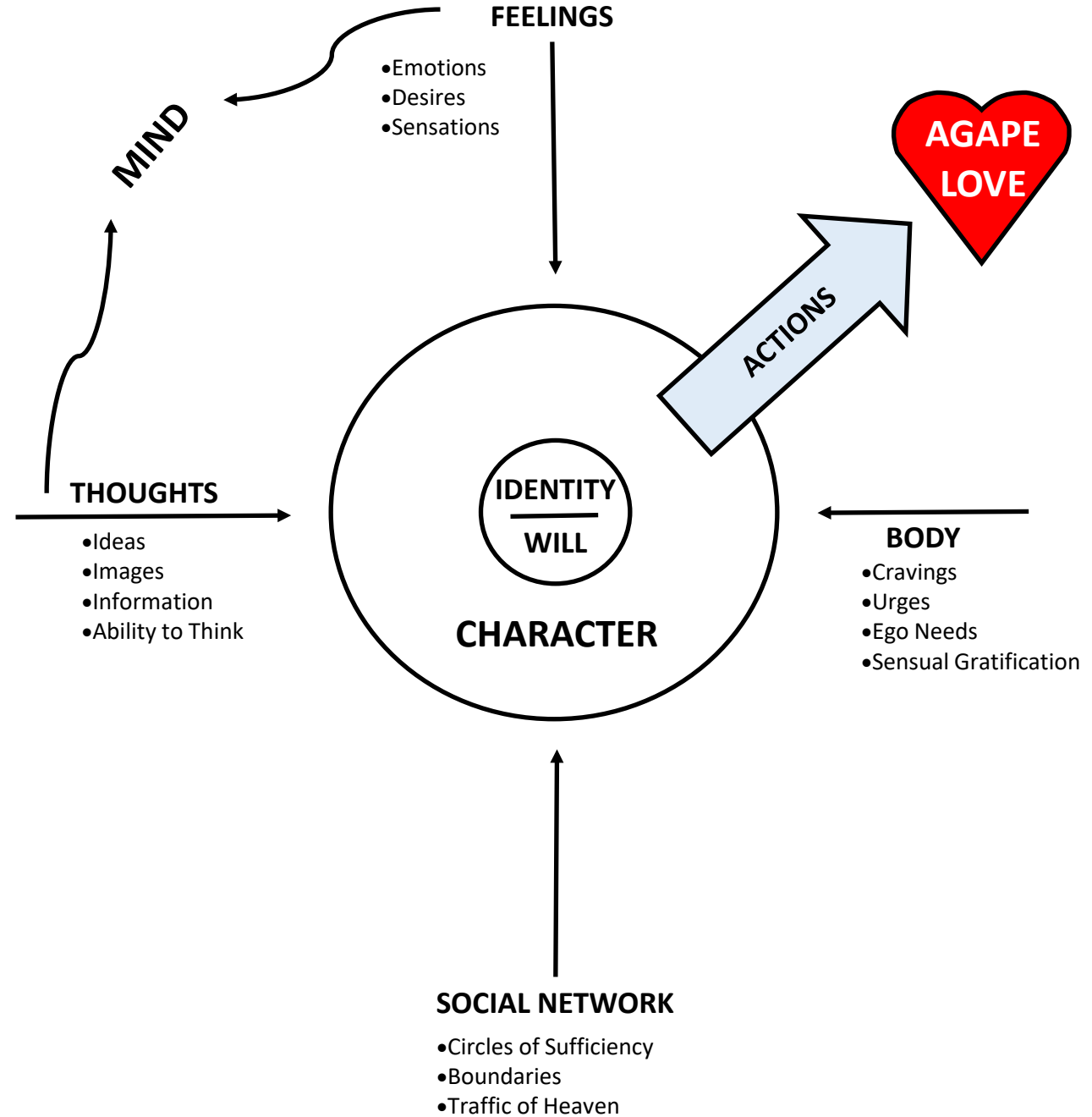
Imagination

Use Your Senses

An underwater photograph showing several divers in a blue, slightly hazy environment. The divers are silhouetted against the light, and their fins are visible. The scene is dynamic, with divers in various positions, some appearing to be in motion. The overall tone is serene and exploratory.

Deeper Dive

Spiritual Formation *in the Kingdom of God*



1 John 4:7-21

What is the difference between agape and other types of love?

John 13:34-35

Where have you seen agape love in you, around you, and through you this week?

Big Idea of the Week

Agape LOVE!

